

ADELPHI UNIVERSITY

CENTER FOR CAREER AND PROFESSIONAL DEVELOPMENT **NEWSLETTER**



SUCCESS STORIES

CAREER CALENDAR

Register for the following
events on handshake
(adelphi.joinhandshake.com)

AMERICA READS/AMERICA COUNTS orientation sessions to become a tutor (Federal Work-Study needed)

Tuesday, September 6, 2016 · 2:00 p.m.
Tuesday, September 6, 2016 · 4:00 p.m.
Thursday, September 8, 2016 · 1:00 p.m.
Friday, September 9, 2016 · 11:00 a.m.
Tuesday, October 11, 2016 · 3:30 p.m.
Tuesday, October 18, 2016 · 3:00 p.m.

PANTHERS WITH A PURPOSE orientation sessions (Federal Work-Study and transportation needed)

Friday, September 2, 2016 · 12:00 noon
Monday, September 5, 2016 · 3:00 p.m.
Friday, September 9, 2016 · 12:00 noon
Monday, September 12, 2016 · 1:00 p.m.
Thursday, October 13, 2016 · 4:00 p.m.
Monday, October 17, 2016 · 12:00 p.m.

HIRE A PANTHER ORIENTATION SESSIONS (on-campus employment)

Friday, September 2, 2016 · 12:00 noon
Tuesday, September 6, 2016 · 3:30 p.m.
Friday, September 9, 2016 · 12:00 noon
Monday, September 12, 2016 · 3:00 p.m.

ACCOUNTING ON-CAMPUS RECRUITMENT

Attend ONE seminar below to be eligible for interviews with accounting firms in October and November:

Wednesday, September 7, 2016 · 1:00 p.m.
Thursday, September 8, 2016 · 3:00 p.m.
Friday, September 9, 2016 · 2:00 p.m.
Tuesday, September 13, 2016 · 5:00 p.m.
Wednesday, September 14, 2016 · 1:00 p.m.

WELCOME BACK BLOCK PARTY

Thursday, September 7, 2016 · 11:00 a.m.
Ruth S. Harley University Center

MOCK INTERVIEW NIGHT

Tuesday, September 20, 2016 · 5:00 p.m.
Center for Recreation and Sports

SAVE THE DATE: ANNUAL JOB AND INTERNSHIP EXPO

Friday, April 28, 2017 · 12:00 noon–3:00 p.m.
Thomas Dixon Lovely Ballroom, Ruth S. Harley University Center

LEADERSHIP CERTIFICATE PROGRAM EVENTS:

LEADING YOURSELF, YOU INC.

Monday, September 26, 2016 · 12:00 p.m.–1:00 p.m.
Ruth S. Harley University Center, Room 213

SETTING GOALS PERSONALLY AND PROFESSIONALLY

Tuesday, September 27, 2016 · 1:00 p.m.–2:00 p.m.
Ruth S. Harley University Center, Rooms 215-216

LEADERSHIP IN THE BUSINESS WORLD

Wednesday, September 28, 2016 · 12:00 noon–1:00 p.m.
Room TBD

COACH: A CONVERSATION WITH JEFF MEANEY '86, VICE PRESIDENT, CORPORATE GROUP, FEDERAL RESERVE BANK OF NY

Thursday, October 13, 2016 · 6:00 p.m.–8:00 p.m.
Ruth S. Harley University Center, Room 313

LISTEN FIRST, TALK LATER: IMPROVING YOUR STORYTELLING FOR LEADERSHIP

Tuesday, October 18, 2016 · 12:00 noon–2:00 p.m., Ruth S. Harley University Center, Rooms 215-216

COACH: CAREERS AT IBM

Thursday, October 20, 2016 · 6:00 p.m.–8:00 p.m.
Center for Recreation and Sports
Campbell Lounge Rooms 1, 2 and 3

COACH: INTERPERSONAL COMMUNICATION DURING YOUR JOB SEARCH

Wednesday, October 26, 2016 · 6:00 p.m.–8:00 p.m.
Center for Recreation and Sports
Campbell Lounge Rooms 2 and 3

COACH: THE BUSINESS OF HEALTHCARE

Wednesday, November 2, 2016 6:00 p.m.–8:00 p.m.
Center for Recreation and Sports
Campbell Lounge Room 2

CONFLICT: HOW TO LEVERAGE UNAVOIDABLE OPPORTUNITY FOR LEADERSHIP

Tuesday, November 8, 2016 · 7:00 p.m.–9:00 p.m.
Center for Recreation and Sports
Campbell Lounge Room 1

CULTURAL COMPETENCE IN THE WORKPLACE

Wednesday, December 7, 2016 · 2:00 p.m.–3:00 p.m.
Center for Recreation and Sports
Campbell Lounge Room 2

JUMP START INTO YOUR CAREER

Wednesday, March 22, 2017 · 6:00 p.m.–8:00 p.m.
Angello Alumni House

HOW TO STAND OUT AT A JOB FAIR

Tuesday, April 4, 2017 · 12:00 noon–1:00 p.m.
Ruth S. Harley University Center, Room 313

ETIQUETTE DINNER

Wednesday, April 12, 2017 · 6:00 p.m.–8:00 p.m.
Angello Alumni House

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DAVID AKINYOOYE '11: Off-Court Communications

by Cari Costa '16



One valuable lesson that David Akinyooye '11, now an assistant coach for a minor league NBA team in Oklahoma, took away from his time as a student at Adelphi University was that having a long-term plan was just as important as having an immediate one.

Learning that lesson from Office of the President Chief of Staff Maggie Yoon Grafer '98, M.A. '08, who was

director for community relations at the time, Akinyooye began to explore opportunities off the basketball court that allowed him to network. Shortly after graduation, he obtained a job with the New York Knicks as a coaching workout associate. He credits earning that position to a series of mock interviews with counselors at the Center for Career and Professional Development.

"I'm still around something I've loved doing since I was a kid," Akinyooye said of his job as an assistant coach with the Oklahoma City Blue, a member of the NBA D-League and the development team for the NBA's Oklahoma City Thunder. "I get to work with the players and I like interacting with them and helping them develop both on and off the court."

Akinyooye still credits what he learned as a communications major at Adelphi to helping him get where he is now. When asked what he learned at Adelphi helps him most at his current job, Akinyooye answered that he feels it is the ability to interact with others.

“Junior year, I started attending events that didn't have to do with basketball and it helped me get out of my comfort zone. The skills I learned there are essential for my job now.”

"As an assistant coach, I have to meet with other coaches, players, management and people off the court daily," he said. "Junior year, I started attending events that didn't have to do with

basketball and it helped me get out of my comfort zone. The skills I learned there are essential for my job now."

While Akinyooye views communication as a critical asset to his current job, he will always remember the networking experience he received as a student.

"I learned through the Center for Career [and Professional] Development that selling yourself in interviews is really important," Akinyooye said. "Thomas Ward ['93] and Bernadine Waller [M.A. '10] really instilled in me to make sure that I don't leave any interviews with any regrets. I wouldn't have gotten my start without networking and hard work toward my craft."

TOMISLAV KOSTADINOV '10:

A Worthy Investment

by Rachel Voorhees '14



Traveling to the United States for college with limited English proficiency is a bold move. For Tomislav Kostadinov '10, it was the first of many. Now he makes important, calculated decisions every day as a senior associate in the finance division at Goldman Sachs.

Hailing from Bulgaria, Kostadinov always knew he wanted to study finance abroad. What attracted

"It was a great way to apply the skills I had learned in class before I began working full time," Kostadinov said.

In addition to pursuing two majors in a rigorous academic program, Kostadinov was a member of the Accounting Society, the Finance Society and the volleyball club. He also held numerous student jobs—including a junior accountant in the Adelphi University Controller's Office, a position he found with help from the Center for Career and Professional Development.

"The Career Center staff is an incredibly loving and supportive group of people who took a personal interest in me and shared so much wisdom," Kostadinov said.

Kostadinov's education, extracurricular involvement and connection to the Center for Career and Professional Development helped him to develop the solid network, strong communication skills and smart business sense needed to succeed in the finance industry.

After graduation in 2010, he went on to earn his CPA license, obtain his first full-time job at Schwartz & Company, LLP, and marry his college sweetheart, dance major Raquel Valiente '09.

Kostadinov credits his professors, the Center for Career and Professional Development and Brian Rothschild, former assistant dean of the Robert B. Willumstad School of Business, for getting him to where he is today.

After three years in public accounting, Kostadinov moved on to work at the Fortune 500 company Goldman Sachs, where he now spends his days doing derivatives analysis and regulatory reporting.

Given all of the success Kostadinov has achieved in his career so far, it's safe to say that Adelphi was a worthwhile investment.

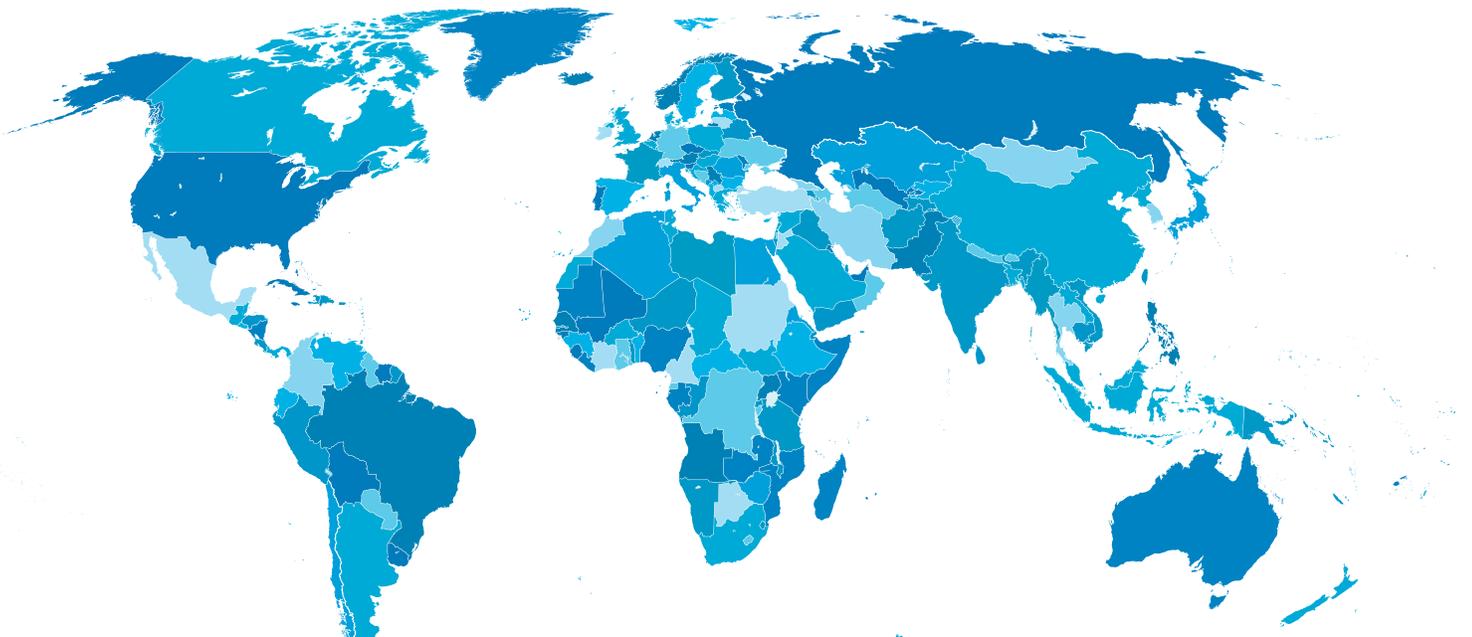
Being part of the Honors College taught me how to think outside the box and exposed me to new ideas."

him to Adelphi University was the school's close proximity to New York City, its affordability and the small class sizes it offered.

As a student in Adelphi's Honors College, Kostadinov was able to immerse himself in the arts, literature and culture, all while pursuing his B.S. in Finance and B.B.A. in Accounting.

"Being part of the Honors College taught me how to think outside the box and exposed me to new ideas," Kostadinov said.

Unconventional thinking proved to be a useful skill as Kostadinov moved forward in his college career. As a senior, he took Seminar in Finance, which gave him and his classmates the opportunity to manage part of Adelphi's endowment fund.



NATALIE EISENKRAFT '12:

Learning While Teaching

by Dan Rossi '16



Natalie Andrade Eisenkraft '12 has dedicated her career to helping people. In 2012, she was earning her master's degree in childhood education, with an advanced certificate in special education, while interning with the National Multiple Sclerosis Society Long Island Chapter, via the Jaggar Community Fellows Program and working as the graduate assistant for Karen Autry, helping manage the America Reads/America Counts program.

After graduating from Adelphi, Eisenkraft landed a tenured position at The Science and Medicine Middle School—a public school in Brooklyn—where she's worked for the last four years.

"My first year was a big adjustment," she said. "I was eager and willing to devote myself to making it all come together, and it has."

Eisenkraft received her bachelor's and master's degrees in education through Adelphi's five-year Scholar Teacher Education Program (STEP) but discovered there's still much to learn once you're actually on the job.

"The day-to-day operations in a classroom with students who have an array of disabilities can be quite challenging," she said. "My students live in an urban area with their own real-life situations and struggles. It's not just academics I have to teach them."

Eisenkraft explained that one of the biggest challenges she faces is addressing each student according to his or her own unique stories and struggles. She works to ensure that her students have a support system at school, and she says that collaboration and cooperation with other teachers are key to that endeavor.

"Having students from different backgrounds, and some with trying home situations," she said, "I try to educate my kids to see that school is the way to the future they dream about."

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While working with the Multiple Sclerosis Society, Eisenkraft played a major role both in the office and

out in the field. One of her best experiences was helping organize Bike MS, a ride to raise funds for the society. Even then, she knew she wanted to take her skills to schoolchildren, and she understood the value her experience with disabilities would have in a school setting. She landed this internship through the Center for Career and Professional Development, and it's what launched her forward to where she is now.





KIM BERIT '12: From the Minors to the NCAA

by Cari Costa '16



As a sport management major at Adelphi University, Kim Berit '12 was actively involved not only on campus, but in internships as well. During her undergraduate career, Berit interned for both the Staten Island Yankees and the now-defunct Brooklyn Aviators of the Federal Hockey League after attending résumé

workshops offered by Bernadine Waller, now associate director of experiential learning in the Center for Career and Professional Development.

Those internships gave her experience in everything from box office sales to generating new ideas that were implemented on game days. They also helped her find her career. In July 2013, Berit was hired as the head women's bowling coach for Franklin Pierce University.

"Interning for minor league sports teams comes with a lot of demanding hours," she said. "Being an NCAA head coach isn't a 9-to-5 job. Those internships with minor league teams prepared me to work long days."

What made this opportunity unique for Berit was that the team itself was brand-new. Franklin Pierce had just created the program, and they hired Berit as its first-ever head coach.

"I started the program, so a lot of what is established is what I created," Berit said. "I didn't have to change what someone else started—this program is like my child."

Everything I did at Adelphi prepared me for the job that I have now."

activities on campus, for providing her with the insight that she needs as a collegiate coach.

"At Adelphi, I learned overall versatility," she said. "Working as a tour guide helped me with filling out applications and learning about the eligibility of college athletes, which is what helped me get my job. Working in residential life helped me with mediation and mentorship, which really helped during our first season with guiding the freshmen when there were no upperclassmen. Leadership within my sorority and the bowling team still helps me today. Everything I did at Adelphi prepared me for the job that I have now."

It is these lessons and experiences that Berit wants to bring to her own athletes.

"Adelphi taught me to prepare for the real world in both sports and extracurricular activities," she said. "I want to prepare my bowlers for the real world too."

Berit, who was a member of Adelphi's women's bowling team, credits that experience, along with her many other extracurricular

REAZ KHAN '13: Promoting Peace Through Education

by Rachel Voorhees '14



As a Muslim growing up in a post-9/11 world, Reaz Khan '13 was acutely aware of the negative shadow cast on his community. Determined to combat ignorance, he

Adelphi fostered my cross-cultural communication skills and gave me the ability to see the world through an intercultural lens."

decided to devote his career to promoting global education, understanding and acceptance.

Adelphi University's B.A. in International Studies program and the Levermore Global Scholars (LGS) program proved to be the perfect fit for Khan, giving him plenty of opportunities to explore cultures and faiths different from his own.

"Adelphi fostered my cross-cultural communication skills and gave me the ability to see the world through an intercultural lens," Khan said.

Khan knew he would need more than academics to reach his career goals. He turned to the Center for Career and Professional Development, where he learned the ins and outs of résumé and cover letter writing and became a tutor for the center's America Reads/America Counts program.

In his junior and senior years, Khan was accepted into the Career Center's Jaggar Community Fellows Program, which gave him the opportunity to intern at the International Center of Photography and the National Urban League in New York City.

"What I learned from Adelphi and the Center for Career [and Professional] Development is that you have to be a go-getter in life," Khan said.

He continued to mold his college years around that motto. Through the LGS program, Khan was chosen to represent Adelphi at the Interfaith Youth Core Leadership Institute, the Annual Youth Assembly at the United Nations and Pathways for Mutual Respect at Yale Divinity School.

In addition, he was a leader in Adelphi's Muslim Students Association, Sikhs United and the campuswide initiative to promote interfaith dialogue. As a result, he was awarded the Newman Civic Fellows Award in 2013.

Since graduating, Khan's drive to succeed and create a better world has continued to grow. He used the Center for Career and Professional Development's online job board (formerly known as PantherZone) to find his first teaching job at the International School of Choueifat in the United Arab Emirates.

Hungry for more professional experience, Khan went on to work at the New York Studio of Languages in Turkey, the International Rescue Committee in Southeast Asia, StudentsFirstNY in Brooklyn, New York, and Working America throughout the five boroughs of New York City.

Now he is pursuing his master's degree in comparative and international education at Teachers College, Columbia University, and works as an international student counselor at Mercy College.

"I used Adelphi as a springboard to make changes at the student level that will hopefully grow beyond the campus," Khan said. "Adelphi helped me understand that we're all part of an international community and I want to continue to help others understand that with my work."





CRISTA MARACIC '13, M.A. '16: All-Ages Therapy

by Dan Rossi '16

Crista (Gallo) Maracic '13, M.A. '16, is no stranger to success. Through Adelphi University's Jaggar Community Fellows Program, she landed an internship with the Catholic Charities Regina Residence, a program that's dedicated to helping teenage mothers—both emotionally and financially—through a difficult time. There, she worked closely and personally with several teenage mothers—driving them to work, running errands and coordinating activities. The Regina Residence was a family affair, as she even played a role in the upbringing of the children.

"By the end of the summer, I knew what every child ate, what every cry meant and when each child needed a nap," Maracic recalled. "I observed one baby crawl, another take his first steps and another learn how to speak."

Maracic says that the internship changed her life and her perspective. Because of her performance in this internship, and several other opportunities she found through the Center for Career and Professional Development, Maracic is well on her way toward a Ph.D. in Clinical Psychology, having received her master's degree in 2016.

"The Career Center has been instrumental in helping me prepare for professional endeavors," Maracic explained. She is currently a

"The Career Center has been instrumental in helping me prepare for professional endeavors."

graduate assistant at the Center for Career and Professional Development.

Internships weren't the only way Maracic made use of her time at Adelphi. While earning her B.A., she was president of the Psychology Club, vice president of Psi Chi, the International Honor Society in Psychology, and student coordinator of the Emerging Scholars Program at Adelphi's Gordon F. Derner Institute of Advanced Psychological Studies.

Now entering her third year in doctoral studies, Maracic has been busy exploring her field. This semester, she is an adjunct professor for a practicum course in clinical psychology. She is working with veterans and their families at the Mildred and Frank Feinberg Division of the Unified Behavioral Health Center for Military Veterans and Their Families of Northwell Health.

HILDA PEREZ '11, M.A. '14: Working With a Worldview

by Jim Smith



A former member of Adelphi University's distinguished Levermore Global Scholars program, Hilda Perez '11, M.A. '14, earned her B.A. in International Studies and Political Science and went on to complete her master's degree in social entrepreneurship in 2014. As a bilingual intern in Adelphi's first Jagger

worldview, Perez said, and influenced her to continue helping the Hispanic community.

"It helped me realize that I wanted to do meaningful work that is innovative and unique," she said, adding that JCFP afforded her an opportunity to observe firsthand how large nonprofit organizations operate and provided her with substantial experience.

After graduating from Adelphi, Perez first worked for her family's business, Salud Para Todos, a Manhattan-based health and wellness company that distributes proprietary natural preventative and ameliorating healthcare supplements. Within two years of graduating, Perez had become the company's acting vice president.

But she was intent on creating a business of her own. After completing her master of social entrepreneurship degree at Hult International Business School in San Francisco, she launched SAVVY-Marketing for Good, which provides marketing services to help not-for-profit organizations achieve positive impact.

SAVVY supports such businesses and organizations by creating, implementing and measuring marketing activities. Perez hopes to help other businesses grow sustainably through strategy development and positive impact.

"I owe a lot to that summer [JCFP] experience for helping me reach this new milestone," she said.

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Community Fellows Program (JCFP) cohort, in the summer of 2010, Perez served the Spanish-speaking community and worked one-on-one with families through the Make-A-Wish Foundation of America, building upon a base of experience she began developing before she arrived at Adelphi.

"I did a lot of community service work through high school," Perez said. "I volunteered in elementary schools and in a day care. I found I had a passion for it. My father was a doctor and had done work with malnutrition through the United Nations. It had a strong influence on me."

Working with the JCFP made a deep and significant impact on her



P.R.E.P.

PREPARATION • REFLECTION • EXPERIENTIAL LEARNING • PLANNING

Take advantage of all that the Center for Career Development has to offer. Get your future on track for success with the P.R.E.P. Program!

Select one path to complete:

PATH 1

Internship Preparation Seminar Take one of the sections:

- #137-299

Complete one in this category:

- Jaggar Community Fellows Program
- Panthers with a Purpose
- America Reads tutor
- Campus job
- Hire a Panther
- Internship
- Volunteerism*

Complete three in this category:

- Résumé review (required)
- On-campus recruitment
- Mock interview
- LinkedIn profile review

PATH 2

Leadership Certificate Program (To learn more, visit adelphi.edu/leadership.)

Complete one in this category:

- Jaggar Community Fellows Program
- Panthers with a Purpose
- America Reads tutor
- Campus job
- Hire a Panther
- Internship
- Volunteerism*

Complete three in this category:

- Résumé review (required)
- On-campus recruitment
- Mock interview
- LinkedIn profile review

PATH 3

Complete three in this category:

- Welcome Back Block Party
- Employer information session
- Job and Internship Expo
- C.O.A.C.H. event
- Etiquette Dinner
- Graduate School Preparation
- Professional etiquette training
- Mock Interview Night
- LIERC

Complete one in this category:

- Career assessment and evaluation of assessment
- Attend a lecture and write a 500-word reflection

Complete one in this category:

- Jaggar Community Fellows Program
- Panthers with a Purpose
- America Reads tutor
- Campus job
- Hire a Panther
- Internship
- Volunteerism*

Complete three in this category:

- Résumé review (required)
- On-campus recruitment
- Mock interview
- LinkedIn profile review

*For volunteerism, discuss your activities for consideration during your intake session.

Start and finish at any point during your Adelphi career.

All participants who complete the P.R.E.P. Program will establish connections with employers and have a chance to serve on the center's Student Advisory Board.

Registration is required. Schedule an appointment with a career counselor by contacting **516.877.3130** or careercounselor@adelphi.edu.

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#hireapanther
#communityfellows

SERVICES AND RESOURCES

PREP

Get P.R.E.P.'d with the Center for Career and Professional Development:

- Get your future on track.
- Connect with employers.
- Stay in the know on all of the hottest jobs and internships.



Connect with us via Handshake and get your future started today.

CONNECT WITH US

Check out our other online resources:

Follow us on twitter.com/HIREaPANTHER

Like us at facebook.com/AdelphiCareerCenter

Follow us on pinterest.com/HireaPanther

Follow us on instagram.com/HireaPanther

Follow our blog at career-adelphi.blogspot.com



For more information on our valuable resources, such as the Leadership Certificate Program, Internship Prep Seminar and others, visit adelphi.edu/career.

RÉSUMÉ REVIEWS

Email your résumé or cover letter to careercounselor@adelphi.edu for a critique and receive a response within two business days.

SCHEDULE AN APPOINTMENT

Call **516.877.3130** to arrange an individual meeting to discuss your future.